

~ August 2014 ~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DON'T FORGET TO LIKE US ON FACEBOOK @ NORTH QUINCY H.S. FOOT FOLLOW US ON TWITTER @NQFOOTBALL	BALL				1	2
3	4 Team Lift @ 5:30 Shed <u>EQUIPMENT HAND-OUT</u> 11TH & 12TH GRADERS 11AM-1 PM	5 Team Lift @ 5:30 Shed <u>EQUIPMENT HAND-OUT</u> 9TH & 10TH GRADERS 11AM-1 PM	6	7 Team Lift @ 5:30 SHED	8	9
10 Gridiron Football Camp Hanover HS 4-7pm	11 Team Lift @ 5:30 SHED Gridiron Football Camp Hanover HS 4-7pm	12 Team Lift @ 5:30 SHED Gridiron Football Camp Hanover HS 4-7pm	13 Gridiron Football Camp Hanover HS 4-7pm	14 Team Lift @ 5:30 SHED	15 CANNING	16 CANNING
17 CANNING	18 Mandatory Conditioning Day 8-11:30 am (HELMETS)	19 Mandatory Conditioning Day 8-11:30 am <u>MEET THE COACHES &</u> <u>BOOSTERS NIGHT</u> <u>@ NQHS Auditorium 7pm</u>	20 Mandatory Conditioning Day 8-11:30 am (HELMETS)	21 <u>DOUBLE SESSION #1</u> 8AM-11 Seesion 1 11-12:15 LUNCH 12:30-4PM Session 2 (FULL PADS)	22 <u>DOUBLE SESSION #2</u> 8AM-11 Seesion 1 11-12:15 LUNCH 12:30-4PM Session 2 (FULL PADS)	23 <u>SINGLE SESSION</u> @ NORWELL HS 10-1PM BUS LEAVES AT 9AM (FULL PADS)
24	25 <u>DOUBLE SESSION #3</u> 8AM-11 Seesion 1 11-12:15 LUNCH 12:30-4PM Session 2 (FULL PADS)	26 <u>DOUBLE SESSION #4</u> 8am-11 Seesion 1 11-12:15 LUNCH 12:30-4PM Session 2 (FULL PADS)	27 <u>TRI-SCRIMMAGE</u> @ MILTON HS 3:30PM VS. MILTON/BURKE BUS LEAVES AT 2:15	28 <u>SINGLE SESSION</u> 8AM-12PM (FULL PADS)	29 <u>SINGLE SESSION</u> 8AM-12PM (FULL PADS)	30 <u>SCRIMMAGE</u> vs. NORTH READING HOME 12 PM
31	Notes: Coach Nutley's Contact Info Cell: 617-233-9461 Email: mnutley@hotmail.com REMEMBER YOUR USER FEE & PAPERWORK!					

DURING DOUBLE SESSION FOOTBALL PLAYERS ARE NOT ALLOWED TO LEAVE THE NQHS CAMPUS

BRING YOUR LUNCH!!